

### **OUR PRIMARY MISSION**

We teach kids from all backgrounds how to become well-rounded individuals. We do that through hands-on learning where kids get to explore their interests. For over 100 years, 4-H has taught youth valuable life skills and given them the knowledge to lead for a lifetime. We want to spark their interest and give them the tools to THRIVE!

Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, or hearing disability, contact Katherine Sundgren at ksundgren@ksu.edu or call our office. Kansas State University Agricultural Experiment Station and Cooperative Extension Service: K-State Research and Extension is an equal opportunity provider and employer.

## **HOW TO REACH US**

#### **Physical Location**

2 West 10th Ave. South Hutchinson, KS 67505

### Other Ways to Reach Us

Phone: 620-662-2371
Email ksundgren@ksu.edu
www.facebook.com/renoksre/
Twitter @RenoKSRE
Instagram @renoksre

#### **Our Staff**

### Katherine Sundgren

4-H Youth Development Agent

### Donna Phillips

4-H Program Assistant





# **Reno County**

**4-H** 



### **PROJECTS**

With over 150 project areas available to youth, there is something for everyone! A project is a subject or topic the 4-H'er can explore and learn more about throughout the year. Projects are self-paced, allowing a few months or even a whole year to complete a project. 4-H members are able to pick their own projects based on their interests. A list of projects can be found at:

https://www.kansas4h.org/projects/



## WHAT IS 4-H?

For more than 100 years, 4-H has welcomed young people and given kids a voice to express who they are and how they make their lives and communities better.

In 4-H programs, kids and teens complete hands-on projects in areas like health, science, agriculture, and civic engagement in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles. Kids experience 4-H in every county and parish in the country through in-school and after-school programs, school and community clubs, and 4-H camps.

4-H is a family affair, with fun and learning for everyone! Families are encouraged to attend meetings and work on projects together. Youth need the support and encouragement of their families in 4-H. By working together, 4-H grows and enhances family strengths and bonds.



## **HOW DO I GET INVOLVED?**

Join a club! 4-H Clubs are groups of families and volunteers who generally meet monthly. At meetings, youth members share their projects, plan community service activities, and practice running meetings. There are many sub-clubs for individual projects led by adults or older members.

Contact the Reno County office for more information on how to join a club. We have clubs across the county and there's one that will be an amazing fit for your family!

#InspireKidsToDo